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Coaching Youth Baseball The Ripken Way





Synopsis

Coaching young players, developing their skills, and cultivating a love for the sport may be the most rewarding experience baseball can offer. Cal and Bill Ripken understand this like few others. From their father, Cal Sr., a legend in the Baltimore Orioles organization for 37 years, they learned to play the game the right way. Those lessons, paired with their combined 33 years of big league experience, helped develop the Ripken Way, a method of teaching the game through simple instruction, solid explanations, encouragement, and a positive atmosphere. In Coaching Youth Baseball the Ripken Way, Cal and Bill share this approach to coaching and development. Whether you're teaching your children at home, managing the local travel team, or working with high school-level players, Coaching Youth Baseball the Ripken Way will help you make a difference both on and off the field, with these features: More than 50 drills covering defense, hitting, pitching, and baserunning Age-specific practice plans for players ranging from 4 to 15+ Strategies for setting goals and reasonable expectations for your players and team Advice on communicating with parents, players, and staff Methods for creating a positive and fun environment in which kids can learn the skills and strategies of the gameBill Ripken was once voted by his peers as one of the big league players most likely to become a manager. Cal Ripken, Jr., known as baseball's Iron Man, is a member of the game's All-Century Team and a future Hall of Famer. Together, they are proof positive that the Ripken Way is the right way to teach the game of baseball.

Book Information

File Size: 4858 KB Print Length: 264 pages Publication Date: July 29, 2008 Sold by:Â Digital Services LLC Language: English ASIN: B001DF4GVK Text-to-Speech: Enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Not Enabled Best Sellers Rank: #344,926 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #20 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Coaching > Baseball #87 in Books > Sports & Outdoors > Coaching > Baseball #237 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Baseball

Customer Reviews

Very well written book on coaching baseball for all ages. I read this book to get more informed on how to coach 5-6 year old T-Ball. This book provided a very good framework for this age group. Many well timed photographs used to describe practice drills.Table of contentsPart 11 Responsibilities of Coaching2 Realities of Coaching3 Reasonable Expectations4 Baseball Practice BasicsPart 25 Hitting and Baserunning Drills6 Throwing and Pitching Drills7 Fielding drillsPart 3Practice Planner8 Practice Particulars for Ages 4 to 69 Practice Particulars for Ages 7 to 910 Practice Particulars for Ages 10 to 1211 Practice particulars for Ages 13 to 1412 Practice Particulars for Ages 15+Favorite parts of the book:Page 6As coaches, we need to be able to cater to the needs of the kid who can't catch one ball and still make baseball fun and exciting for the kid who can. It's a difficult balance but one that's important to understand at all levels.

We think anyone who coaches young baseball players should read and use this book. One of Cal and Bill Ripken's biggest goals is to get young players to LOVE THE GAME and have fun! We originally picked this book because it is written by the Ripkens (and we think Cal Ripken is one of the best ballplayers of all time!) The book is not just a list of drills but they also take time to discuss coaching responsibilities and philosophies and reasonable expectations. They include great ideas for practices and how to run games at the younger levels - we wish this book was required reading for ALL volunteer youth baseball coaches. Drills included are several for Hitting and Baserunning, Throwing and Pitching, and Fielding. The best part of the book is the Practice Planner, where they go over Practice Particulars for each age group (4-6, 7-9, 10-12, etc.) They also tell you what skills you should be teaching kids at what age level. I was amazed at the "basics" that my 8 year old son hasn't learned yet. The Ripkens want kids to learn and have fun doing it so they love the game.We found ourselves agreeing with everything the Ripkens had to say and we will be using the rest of the spring/summer to "backyard coach" our 5 year old, 8 year old and 10 year old daughter now that baseball is over for the year - keeping it fun, of course! We would love for our children to go to one of the Ripkens' baseball camps, but this book will have to suffice.

Great book for all coaches no matter the experience level. Good tips on understanding the mindset of young little leaguers. I especially like how the Ripkens tell you not to expect too much from young

kids and to keep drills to under 15 minutes so kids can focus. Download the sample and you will see how much info they can give you.

I bought this book to help with specific tips for coaching my daughter's softball team. Although softball pitching is not covered (after all, this is a bok on coaching baseball) the book provides a multitude of teaching points for teaching kids of all age groups. Although there is some overlap, I would strongly suggest purchasing Play Baseball the Ripken Way: The Complete Illustrated Guide to the Fundamentals also. That title breaks down the necessary skills by age groups and provides a series of drills that can be brought right to the diamond. Both of these books seek to instill the Ripken Way - a philosophy of how to approach youth sports (with obvious emphasis on baseball) with a focus on making the game fun for the kids, while teaching the fundamentals.

This was a great read; very helpful. Their sensibility in how to get kids excited about the game and make it a positive experience that creates life long fans without hangups about team sports is very inspiring. In addition to the drills and age-appropriate fundamentals, the book helps a coach manage one of the tougher aspects of Little League: the parents. Highly recommended for new Little League coaches. In fact, it should be required reading for anyone involved.

If you are looking for a way to ensure you are teaching the correct skills and at the same time making baseball practice lively, this is the book. The Ripkens are, obviously, well qualified to talk about baseball, but I was surprised at the wisdom, perspective, and pace of the book. First things, as they say, first. This is not a book that you get if you want to be a crazy baseball dad or mom -- this is the book you get if you want to be able to teach and explain the workings of baseball in an interesting way. Can't recommend this book highly enough. I was in something of a rush and bought this book on the Kindle (which I love). Since it is a reference work, however, in retrospect the hard copy might have made more sense. I do a lot of flipping back and forth in the kindle, and bookmarks are okay, but right yet I don't think the Kindle software is nearly as efficient. Still, no gripes or regrets about this purchase -- I might just have to buy the hard copy as well.

I'm new at coaching youth baseball. I bought this book to get a good foundation on coaching techniques. I'm about half way through the book and so far is very good and full of ideas and great techniques to apply during my coaching times.

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